

GLUTEN FREE

SOPAS & ENSALADAS

SOPA DE TORTILLA STARTER 7 | FULL 9.25

A rich tomato broth with sides of feta cheese, tortilla strips, avocado, cilantro & chipotle pepper paste.

AZTECA SALAD 13

Crisp green leaf & romaine lettuce tossed in an avocado dressing. Topped with corn, black beans, red peppers, tomatoes and fresh avocado.

ADD GRILLED (CHICKEN BREAST) 5.5

JULIO'S SALAD 11.5

Crisp green leaf & romaine lettuce mixed with shredded carrot and red cabbage, tossed in a mildly spicy balsamic vinaigrette.

ADD GRILLED (CHICKEN BREAST) 5.5 ADD BLACKENED SHRIMP 6

TACO SALAD 17.75

Julio's Salad topped with shredded cheese, sour cream, crispy corn tortilla strips, and your choice of taco beef or grilled chicken breast.

MEXICAN CAESAR SALAD 11.5

Crisp romaine lettuce tossed in our own zesty vegetarian Caesar dressing. Served with sundried tomatoes, shaved Parmesan cheese, and corn tortilla strips.

MAKE IT BACON? N/C ADD GRILLED (CHICKEN BREAST) 5.5

ADD BLACKENED SHRIMP 6

Gluten Free salads are served without a flour tortilla bowl.

NACHOS

MUCHO MAHO NACHOS 19.25 (Great for 3 - 5 amigos)

Warm nacho chips piled high with a half pound of shredded cheese, green peppers, onions, jalapenos, tomatoes and black olives. Served with Julio's salsa and sour cream on the side.

ADD GUACAMOLE 3 (CHICKEN BREAST) 5.5

JULIO'S TACO BEEF 4.5 DOUBLE CHEESE 6

HALF NACHOS 13 (Great for 1 - 2 amigos)

ADD GUACAMOLE 3 (CHICKEN BREAST) 5.5

JULIO'S TACO BEEF 3.5 DOUBLE CHEESE 4.5

APPETIZERS

GUACAMOLE & CHIPS 9

Fresh guacamole served with tri-coloured corn chips.

SALSA FLIGHT 7

Four salsas – Julio's signature salsa, verde, roasted chipotle, and roja served with corn tortilla chips. Or customize your combination!

ENTREES

ENCHILADAS 18

Three corn tortillas filled with your choice of veggie, chicken or beef. Topped adobo style (red sauce with crumbled feta). Served with Mexican rice, Julio's own refried beans, and corn salad. VEGGIE VERSION 15

BARRIO CHILI 12

A hearty medley of zucchini, onions, celery, tomatoes, corn, carrots, kidney beans, black beans and spices combine to make up our unique blend of Barrio Chili. Topped with shredded cheese.

ADD BARBACOA BEEF 5 ANCHO (CHICKEN) 5

TINGA (CHICKEN TACOS) 17.5

Three white corn tortillas filled with shredded chicken breast stewed with tomatoes, onion, chipotle peppers and a secret blend of spices, topped with shredded cabbage and pico de gallo. Served with sides of Mexican rice and Julio's own refried beans.

SHRIMP TACOS 18

Three white corn tortillas with sautéed shrimp topped with a tangy avocado dressing, shredded cabbage, and fresh mango salsa. Served with sides of Mexican rice and Julio's own refried beans.

BARBACOA BEEF TACOS 17.75

Three white corn tortillas filled with slow-cooked beef with a tangy chimichurri sauce. Served with sides of Mexican rice and Julio's own refried beans.

FAJITAS

Sautéed bacon crumble, yellow onions, red & green peppers, served on a sizzling hot cast iron skillet. Served with Julio's salsa, sour cream, shredded lettuce, shredded cheese and white corn tortillas.

(ON POLLO (CHICKEN) 20.5 | VEGGIES SAUTÉED WITH BACON

VEGETARIANO (MUSHROOM) 18.5 | VEGGIES SAUTÉED WITHOUT BACON

(ON AMARON (SHRIMP) 23 | VEGGIES SAUTÉED WITHOUT BACON

JULIO'S
BARRIO
MEXICAN RESTAURANT

VEGAN

SOPAS & ENSALADAS

SOPA DE TORTILLA STARTER 7 | FULL 9.25

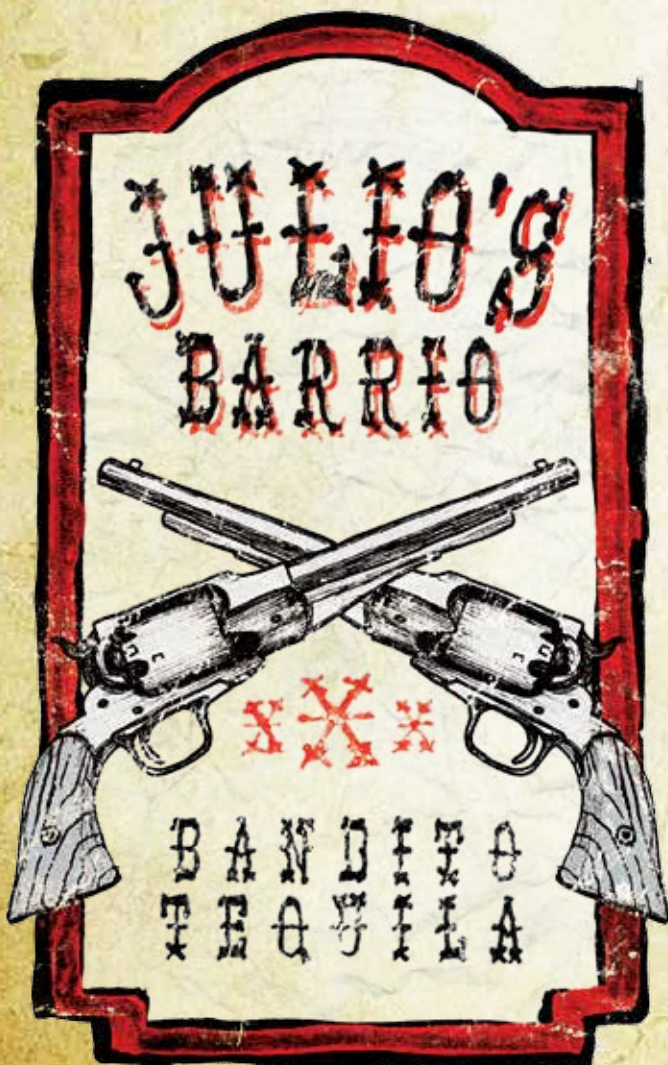
A rich tomato broth garnished with tortilla strips, avocado, cilantro & chipotle pepper paste. This soup allows you to control the flavour – add as much or as little of the sides as you like.

JULIO'S SALAD 11.5

Crisp green leaf & romaine lettuce mixed with shredded carrot and red cabbage, tossed in a mildly spicy balsamic vinaigrette – served cascading from a crisp flour tortilla bowl.

VEGETARIAN TACO SALAD 17.75

Julio's Salad topped with crispy tortilla strips, and veggie crumble.



ANTOJITOS

SALSA FLIGHT 7

Four salsas – Julio's signature salsa, verde, roasted chipotle, and roja served with corn tortilla chips. Or customize your combination!

GUACAMOLE & CHIPS 9

Fresh guacamole served with tri-coloured corn chips.

CLASSICOS

VEGAN BARRIO BURRITO 16.5

A flour tortilla filled with hearty Barrio Chili and Mexican rice, lettuce, tomatoes and salsa. Seared and served with Julio's salsa.

VEGAN HIMICHANGA 16

A flour tortilla stuffed with sautéed onions, red & green peppers, and rice – lightly fried till golden. Topped with Julio's and verde salsas.

VEGAN ENCHILADAS 15

Three corn tortillas filled with a vegetable blend, baked Adobo style (tangy tomato chili sauce).

All of the above are served with Mexican Rice, Julio's own refried beans, and corn salad.

Sub Julio's Salad for 1 Dollar.

BARRIO CHILI 12

A hearty medley of zucchini, onions, celery, tomatoes, corn, carrots, kidney beans, black beans and spices combine to make up our unique blend of Barrio Chili.

ADD VEGGIE CRUMBLE 5

VEGAN TACOS 16.75

Three flour tortillas with sautéed mushrooms, zucchini, black bean and corn in a chipotle pepper sauce, topped with shredded cabbage and pico de gallo. Served with sides of Mexican rice, and Julio's own refried beans.

FAJITA VEGETARIANO 18.5

Sautéed yellow onions, red & green peppers, served on a sizzling hot cast iron skillet with crimini mushrooms. Served with Julio's salsa, shredded lettuce, guacamole and flour tortillas.

ADD VEGAN "CHEESE" TO ANY ITEM +\$1